

# SAN DIEGO COUNTY INNOVATION PLAN

February 26, 2015



# San Diego County Profile

- **Covers 4,206.63 square miles**
  - **2013 US Census Bureau\***  
**Population Estimate: 3,211,252**
    - **African American: 5.6%**
    - **Asian/Pacific Islander: 12.3%**
    - **Euro American: 47.2%**
    - **Latino: 32.9%**
    - **Native American: 1.3%**



\* Does not add to 100% - categories might overlap and 4.1% contain two or more races.

# **The Mental Health Services Act Requires that Innovation Programs comply with one of the following :**

- **A) Introduces new mental health practices or approaches, including but not limited to prevention and early intervention; B) Makes a change to an existing mental health practice or approach, including, but not limited to, adaptation for a new setting or community, or; C) Introduces to the mental health system a promising community-driven practice or approach, that has been successful in non-mental health contexts or settings.**



# **The law also requires that an Innovation Program addresses one of the following as its primary purpose:**

- **(1) Increases access to underserved groups,**
- **(2) Increases the quality of services including measurable outcomes,**
- **(3) Promotes interagency and community collaboration,**
- **(4) Increases access to services.**



# San Diego County Innovation Programs

San Diego County is requesting \$15,128,913 for the following 7 Innovation Programs:

- Care Giver Connection to Treatment
  - Amount: \$685,500
  - Program length: Three-Years
  
- Family Therapy Participation Engagement
  - Amount: \$3,381,000
  - Program length: Three-Years





# San Diego County Innovation Programs

(Continued)

- **Faith Based Initiative**
  - Amount: \$1,495,575
  - Program length: Three-Years
  
- **Ramp Up 2 Work**
  - Amount: \$3,688,959
  - Program length: Three-Years
  
- **Peer-Assisted Transitions**
  - Amount: \$3,334,347
  - Program length: Three-Years



# San Diego County Innovation Programs

(Continued)

- Urban Beats
  - Amount: \$1,211,613
  - Program length: Three-Years
  
- Innovative Mobile Hoarding Intervention Program
  - Amount: \$1,331,919
  - Program length: Three-Years



# San Diego County Innovation Programs

(Continued)

## Care Giver Connection to Treatment

This Innovation Program makes a change to an existing practice or approach and will increase access to underserved groups by connecting caregivers to services who have children ages 0-5 with complex emotional, behavioral developmental issues and connects mental health treatment and other types of supports that promote wellness.





# Evaluation

## Care Giver Connection to Treatment

**This Innovation Program will measure:**

- **Whether and how much access increased from baseline.**
- **If access varied from baseline and differed over time for subpopulations.**
- **Impact of connecting caregivers to treatment on the progress of the child enrolled in the program.**
- **Families' satisfaction and what programmatic variables they found to be helpful.**

**Commission staff have reviewed this Innovation Program for consistency with the Mental Health Services Act (MHSA) requirements and recommends approval.**



# San Diego County Innovation Program

(Continued)

## Family Therapy Participation

This Innovation Program makes a change to an existing practice or approach and will increase access to underserved groups by utilizing specially trained Parent Partners in first establishing a relationship with the families of clients and then using motivational interviewing techniques to overcome barriers to involvement in treatment and to activate change.



# Evaluation

## Family Therapy Participation

**This Innovation Program will:**

- **Evaluate if the encouragement of a Parent Partner is more successful in involving caregivers in family therapy than a traditional model in which clinicians conduct outreach to the family.**
- **Assess if repeated engagement efforts correlate with successful family therapy outcomes.**
- **Embed an evaluation within the program to assess changes in caregiver participation and to identify best practices.**

**Commission staff have reviewed this Innovation Program for consistency with the Mental Health Services Act (MHSA) requirements and recommends approval.**



# San Diego County Innovation Programs

(Continued)

## Faith Based Initiative

This Innovation Program makes a change to an existing practice or approach and will increase access to underserved groups and promotes interagency collaboration between mental health and the faith community by establishing effective collaboration and partnerships, community education, crisis response and wellness and health ministry components, which primarily focus on African-American and Latino communities.



# Evaluation

## Faith Based Initiative

**This Innovation Program will:**

- **Measure improved access to behavioral health services and to community mental health resources for underserved populations.**
- **Measure how many mental health, substance abuse agencies and faith communities collaborate.**
- **Measure the level of knowledge gained about mental health and substance abuse recovery and behavioral health services (i.e., reduced stigma and willingness of congregants to obtain mental health services, etc.).**

**Commission staff have reviewed this Innovation Program for consistency with the Mental Health Services Act (MHSA) requirements and recommends approval.**





# San Diego County Innovation Programs

(Continued)

## Ramp Up 2 Work

This Innovation Program makes a change to an existing practice or approach and will increase the quality of services, including better outcomes, by providing them with an array of supported employment activities that will include consumer owned small business, competitive employment and will include job preparation and subsidized apprenticeships through partnerships with businesses and employment programs.



# Evaluation

## Ramp Up 2 Work

Data to be gathered and evaluated includes:

- Number of hospitalizations and hospitalization days.
- Number of crisis house admissions and days.
- Readmission at crisis houses and/or psychiatric hospitals.
- Linkages of clients with formal support services.
- Level of recovery as measured by participant report and scale.



Commission staff have reviewed this Innovation Program for consistency with the Mental Health Services Act (MHSA) requirements and recommends approval.

# San Diego County Innovation Programs

(Continued)

## Peer-Assisted Transitions

This Innovation Program makes a change to an existing practice or approach and will increase the quality of services, including better outcomes, to evaluate a peer-based program for persons diagnosed with serious mental illness (SMI) who present at a crisis house or hospital for a psychiatric emergency and who are socially isolated.



# Evaluation

## Peer-Assisted Transitions

**This Innovation Program will use evaluations at baseline and at six-month intervals throughout implementation to gather extensive information on each participant.**

- **The evaluation will collect information on the effectiveness of various strategies, and will analyze differences in outcomes based on demographic variables in order to assess any variability in program efficacy.**
- **Review of program level data after one year and applicability of replication possibilities.**

**Commission staff have reviewed this Innovation Program for consistency with the Mental Health Services Act (MHSA) requirements and recommends approval.**



# San Diego County Innovation Programs

(Continued)

## Urban Beats

This Innovation Program makes a change to an existing practice or approach and will increase the quality of services, including better outcomes, for persons with serious mental illness (SMI) by implementing a culturally sensitive program that focuses on engagement via multiple models of artistic expression and is successful at engaging SMI Transition-Aged Youth (TAY) who show existing or emerging diagnostic characteristics consistent with early onset of SMI.





# Evaluation

## Urban Beats

Data to be gathered and evaluated includes:

- Increase access to services.
- Decreased levels of impairment.
- Decreased risk levels for mental illness.
- Reduced Stigma.
- Increased knowledge of how to access care and of whole health.



Commission staff have reviewed this Innovation Program for consistency with the Mental Health Services Act (MHSA) requirements and recommends approval.

# San Diego County Innovation Programs

(Continued)

## Innovation Mobile Hoarding Intervention Program

This Innovation Program makes a change to an existing practice or approach and will increase the quality of services, including better outcomes, for persons with serious mental illness (SMI) by testing an intervention practice to determine its effectiveness and replication in decreasing hoarding behaviors of older adults.



# Evaluation

## Innovation Mobile Hoarding Intervention Program

**This Innovation Program will look at:**

- **What are the most effective ways to engage an older adult to participate in interventions geared for hoarding behaviors?**
- **What is an effective model to treat hoarding behaviors in older adults with SMI?**
- **Are peer supports effective with seniors who have hoarding behaviors either individually and/or as part of an aftercare support group?**

**Commission staff have reviewed this Innovation Program for consistency with the Mental Health Services Act (MHSA) requirements and recommends approval.**



# San Diego County Innovation Programs

## Motion:

**The MHSOAC approves San Diego County's  
Innovation Programs:**

- **Name: Care Giver Connection to Treatment**
  - **Amount: \$685,500**
  - **Program Length: 3 Years**
  
- **Name: Family Therapy Participation**
  - **Amount: \$3,381,000**
  - **Program Length: 3 Years**



# San Diego County Innovation Programs

## Motion (Continued):

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# San Diego County Innovation Programs

## Motion (Continued):

- **Name: Urban Beats**
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  - **Program Length: 3 Years**
  
- **Name: Innovative Mobile Hoarding Intervention**
  - **Amount: \$1,331,919**
  - **Program Length: 3 Years**

**For a total amount of \$15,128,913**

